**THREE-WEEK MEAL ROTATION**

**Week 1**

Gnocchi – two days

Freezer Food

Ready Meals

Omelette

Beef Slices (Sunday)

**Week 2**

Mince – two days

Ham Egg and Chips

Hot Dogs

Fry-up

Bacon and Onion Roll (Sunday)

**Week 3**

Quiche and Pie

Pizza

Fish Fingers

Corned Beef and Mash

Soup

Sausages (Sunday)

**Fridays – Art-K Carryout**